



BLESSING-RIEMAN

College of Nursing & Health Sciences

Alumni Newsletter

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- Associate of Science in Medical Laboratory Technology

The mission of the Blessing-Rieman College of Nursing & Health Sciences is to provide excellence in professional nursing and healthcare career education.

Congratulations Alumni!



Ann St. Clair Retires after 53 Years!

Blessing-Rieman School of Nursing alum, Ann St. Clair, BSN '89, RN, CAPA, retired on March 20 after 53 years of service at Blessing Hospital making her the longest-running employee on record.

Ann said that when she was in junior High she wanted to be a nurse and "that's what I went after. I wanted to be a nurse and take care of people. That's what I have done."

She began her career as a Nurses' Aide at the Good Samaritan Home, where she worked for one year before joining Blessing Hospital as a licensed practical nurse and after 11 years, she advanced to registered nurse in 1984.

During her years at Blessing, she has worked on a medical-surgical unit for 27 years, transferred to the Surgery Recovery Room for the next 10 years, and spent her last 16 years as a member of the One Day Surgery team

At 73 years old, Ann has known many people and enjoyed taking care of those she knows. "They love it because they know you. You are someone they can connect with. I never hesitated to take care of people I knew."

Her parting advice for others in the healthcare field is to be a teacher as well as a caregiver. "You have to teach people how to take care of themselves, how to be well," Ann concluded.

Alyse Heubner Receives Nursing Award!

Alyse Heubner, BSN, CAPA, pre- and post-anesthesia was awarded the Magnet® Recognition for nursing excellence from the American Nurses Credentialing Center (ANCC) along with nursing staff at OSF Saint Anthony's Health Center.

Alyse works at the OSF HealthCare Saint Anthony's Health Center, and this recognition comes "with distinction," making OSF Saint Anthony's among 46 hospitals in the United States to be recognized with this award,

She has been a nurse for 12 years, graduating from Blessing-Rieman College of Nursing in Quincy, Illinois. Alyse began her career as a floor nurse and charge nurse on the Medical/Surgical Unit before moving to OSF HealthCare Saint Anthony's Health Center.

Alyse says she loves working at OSF Saint Anthony's because of the strong relationships she has built with her fellow Mission Partners. When asked about her role, Alyse shared, "I think people might be surprised at just how emotional nursing can truly be. It's one thing to celebrate in a room with a patient who is being discharged, and then moments later try to provide comfort to the patient and family next door who may be experiencing a loss or an unexpected diagnosis."

She added, "It's hard to truly clock out at the end of the day. Many times, we continue thinking about our patients and praying they are doing well."



Nominate a Blessing Alum for the **BNAA NURSE OF THE YEAR**

Do you know a nurse who demonstrates excellence in nursing practice? We encourage you to nominate a nurse for the 2026 BNAA Nurse of the Year Award. The selected recipient will be recognized at the BNAA Alumni Banquet and receive complimentary admission and dinner.

Email alumni@brcn.edu for a nomination form. Nominations are due by April 10, 2026.

SAVE THE DATE

Upcoming Events

April 25	BNAA Annual Banquet
May 2	Goat Yoga
May 15	Fall Commencement

YOU ARE CORDIALLY INVITED

**BLESSING NURSES'
ALUMNI ASSOCIATION
ANNUAL BANQUET**

Please be our guest

APRIL 25TH, 2026

SOCIAL HOUR BEGINS AT FIVE THIRTY

DINNER WILL BE SERVED AT SIX O'CLOCK

THE BANQUET PROGRAM WILL BEGIN AT SEVEN O'CLOCK

At the Holiday Inn

**4821 OAK STREET, QUINCY, ILLINOIS, 62305
(Banquet Room)**

**YOU MAY BRING A GUEST FOR \$30 PER ADDITIONAL ATTENDEE
Checks made payable to Blessing Alumni Association**

**PLEASE RSVP TO MELISSA CUMMINS BY FRIDAY, APRIL 10TH, 2026
217-228-5520, EXTENSION 6958, ALUMNI@BRCN.EDU**

**FOR MORE INFORMATION ABOUT THE BANQUET,
CONTACT JOAN RUHS, RUHSJ@BRCN.EDU**

A cash bar will be available.

We want to hear from you!

Have you recently received a job promotion, accepted a new position, or advanced your career or education? The BRCN Alumni Association would like to share your news. You can also update your mailing address, e-mail, or phone number on our alumni registry by visiting the Alumni page on our website. Scan the QR Code or click link below.



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