



Student News

2018



2019

REGISTRATION INFORMATION

All on-campus BRCN nursing students must attend

Thursday 8/16: 9am - 12pm

BRCN Student Services Building

Friday 8/17: 9am - 12pm

Come anytime during the listed times. It will take approximately

Monday 8/20: 9am - 1pm
2pm - 4:30pm

30-45 minutes.

Tuesday 8/21: 9am - 1pm
2pm - 4:30pm

Important Reminder:
You must park in Lot 21.

Commitment to Care



Guest Speaker:

Karyn Buxman

RN, MS, DAIS, CSP, CPAE

Keynoter. Neurohumorist. Author.

"My mission is to improve global health and business through laughter and help heal the humor impaired."

Madison Park Christian Church

4700 Broadway Street
Quincy, IL 62305

Wednesday, August 29, 2018

Registration:
12:30 - 1:00pm

Event:
1:00 - 4:00pm

Afternoon snacks
will be provided.



**All students, faculty,
and staff are
expected to attend.**

Exception: students who take only online classes

Explore Nursing - June 12 & 29, 2018

BRCN hosted two Explore Nursing day camps this summer for high school students from 15 to 17 years of age. A total of 24 students participated this year—12 on June 12th and 12 on June 29th.

Activities included:

injection practice ▪ blood pressure practice ▪ simulator experience

The students also spent part of the day job shadowing in several units around the hospital including Medical/Surgical, Emergency, Cardiovascular, Blessed Beginnings, and Intensive Care.

“My nurse was really nice and I learned a lot going around to the different patients”

“Gave me a good idea on what nursing was really about”

“Overall an amazing experience that I would love to participate in again”



June 12th



June 29th

Reminder: Counseling Services & Peer Tutoring Available



Counseling services are provided free of charge to enrolled students.

Sarah Mueller's counseling office is located in the Student Services Building (7 North, upper level).

Examples of things you can see Sarah for include anxiety/stress, depression, relationship concerns, worries regarding grades/major, family situations, adjustment to nursing school/college life, time management, and referrals to community resources.

Call Sarah at 217-228-5520 ext. 6997, e-mail her at muellers@brcn.edu, or stop by her office anytime!

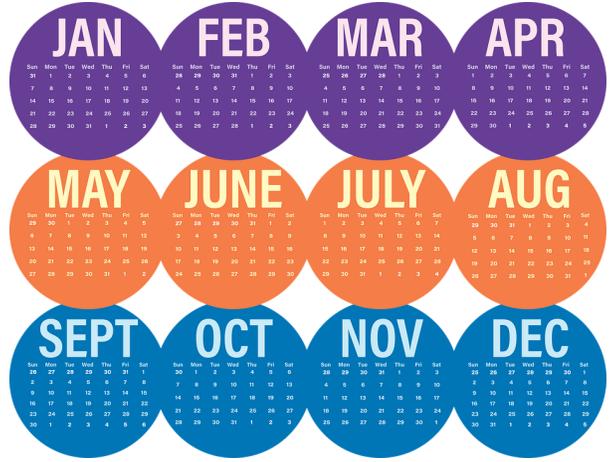
Peer tutoring is available free of charge for enrolled students.

Ways to take advantage of this opportunity:

- ◆ Attend scheduled test reviews
- ◆ Stop by during scheduled tutoring hours (come and go)
- ◆ E-mail a tutor to set up an appointment

Watch for more information coming soon!

dates to Remember



*Friday, August 24th
1pm to 5pm at the BEC*

*Skills Fair - All juniors
are required to attend*

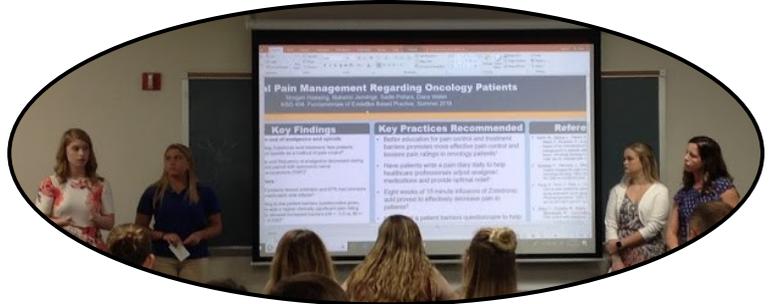
- Sept 13: Alumni Pizza Party (RSVP)*
- Sept 17: Constitution Day*
- Oct 7: Teddy Bear Clinic*
- Oct 15-19: Spirit Week*
- Oct 21-27: Respiratory Care Week*
- Oct 22: Scholarship Luncheon*

- Oct 25: Pi Pi Induction*
- Oct 26: Research Day*
- Nov 12: Gratitude Luncheon*
- Dec 5: Graduate Luncheon*
- Dec 14: Shining Stars*
- Dec 14: Graduation*

Shining Stars - July 18, 2018

Summer 2018 Evidence-Based Research

- ◆ Does Access to Over-the-Counter Naloxone Impact Opioid Overdose Mortality Rates?
- ◆ Impact of Early Education on Vaccine Compliance Rates
- ◆ Impact of Food Insecurity and the Management of Cardiometabolic Disorders
- ◆ Impact of Immediate and Sustained Skin-to-Skin Contact After Birth
- ◆ Maternal Mortality in the United States
- ◆ Medical Marijuana Improves Quality of Life in Cancer Patients
- ◆ Multimodal Pain Management Regarding Oncology Patients
- ◆ Pain Assessment in Dementia Patients



*Left to right above:
Morgan Hoewing, Sadie Pollard,
Makenzi Jennings, and Dana Walsh*

Significance Statement

Does food insecurity impact the management of adult patients with Cardiometabolic Disorders?

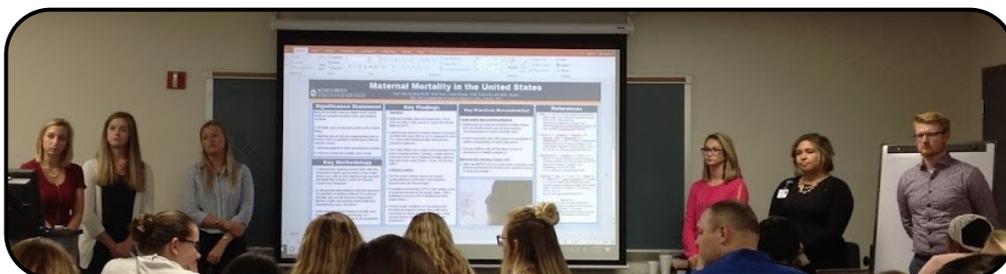
P – Food Insecurities in adult patients with cardiometabolic disorders

I – Early recognition of food insecurity and referral to resources

C – Patients with cardiometabolic disorders who do not have food insecurity vs those with food insecurity

O – Improved health status in patients with cardiometabolic disorders.

*Left to right:
Emily Stupavsky,
Jenny Vaughn,
and
Brooklyn Murfin*



*Left to right:
Cassie Strange,
Holly Sabo,
and
Zeke Little*

Remembering Sandy



Library Hours

Summer Hours

Monday - Friday | 8am - 5pm

Academic Hours

▪ beginning Monday, August 20th ▪

Monday - Thursday | 8am - 9pm

Friday | 8am - 6pm

Saturday | 10am - 5pm

Sunday | 12pm - 8pm

Room 114 is open 24/7 for access to computers.

Library Book Sale!

▪ through August 31st ▪

- Fiction All
- Nonfiction items
- Misc. items \$1



Topics

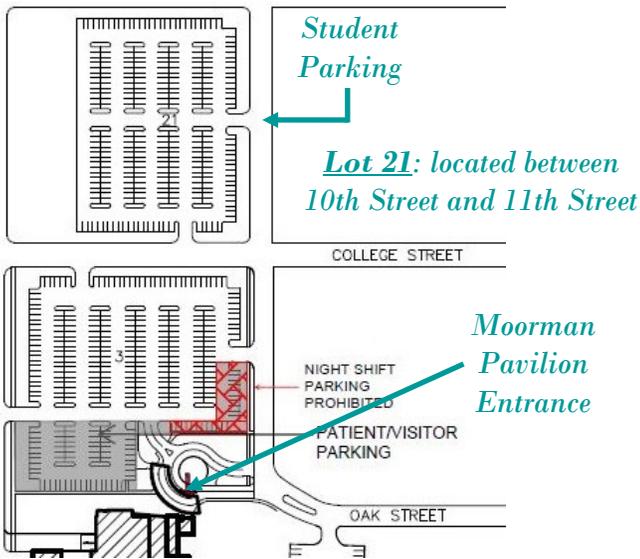
anesthesiology, communication, end-of-life care, humor, medical language, nutrition, pharmacology, research, spirituality, and more!

Student Parking

All students are required to park in Lot 21 during the day.

After 5pm, you may move your vehicle to any other employee parking lot (except night shift parking and street parking).

Parking ticket prices:
 1st offense - \$100
 2nd offense - \$200
 3rd offense - \$300



Blessing-Rieman College of Nursing & Health Sciences

Mission

The mission of Blessing-Rieman College of Nursing & Health Sciences is to provide excellence in professional nursing and healthcare career education.

Vision

The College will be recognized as a caring and engaged learning community, committed to preparing healthcare leaders for success and life-long learning, enriched by promoting whole person care, quality and safety.

Values

Compassion ▪ Dedication
 Leadership ▪ Professionalism
 Quality ▪ Respect ▪ Safety

Student Questions & Suggestions

Submit anonymously online at www.brcn.edu/questions

Reminder

Please see your BRCN advisor for all schedule changes.

Even if you have a partner school, you will still need to see your BRCN advisor for any schedule changes.

You're Invited!

Seeking student representatives to serve on the Student Development Committee

If you're interested, please contact Jessica Bliven at jbliven@brcn.edu or Shantry Miller at smiller@brcn.edu

Blessing-Rieman College of Nursing & Health Sciences

**Like us on Facebook!
 Follow us on Instagram!**

@blessingrieman

Student Nurse Organization (SNO)

2018 SNO Board

President Shanna Garrison	Secretary Meaghan Beatenhead
Vice President Maria Leapley	Treasurer Natalie Jones
Junior Class Representatives Christy Huckstep Shelby Kite	Senior Class Representatives Katie Holaway Michaela Llewellyn

Sophomore Class Representatives will be announced soon!

If you have questions about SNO, please contact Shanna Garrison at garrisons@brcn.edu or Maria Leapley at leapleym@brcn.edu.

Watch for upcoming information about SNO meetings!

BRCN Academic Calendar

August 17

Sophomore Orientation

August 20

Classes Begin

August 24

Last Day to Add/Drop a Course

September 3

Labor Day ~ No Classes

September 24

Last Day to Withdraw from a 1st

8-Week Course

October 12-14

Midterm Break ~ No Classes

October 19

Last Day to Add/Drop a 2nd

8-Week Course

November 5

Last Day to Withdraw from a Course

November 19

Last Day to Withdraw from a 2nd
8-Week Course

November 17-25

Thanksgiving Break ~ No Classes

December 7

Last Day of Classes

December 10-13

Final Exams

December 14

Graduation

December 14 - January 13

Winter Break

January 14

Classes Begin

HIPAA Violations

No person at any time should cut, paste, copy, or print any information from BAR related to the patient's chart. As you have been told in class, clinical, and in BAR training, to do so is a direct federal violation of HIPAA guidelines which results in a clinical failure.

Brenda K. Beshears,
President

QU/CSC Meals To Go

If you have a meal plan at your partner campus and are having trouble eating there due to being on the BRCN campus, you may ask QU Dining Services or CSC Dining Services to provide you with meals to go.

Cafeteria Cash Card Program

BRCN offers an optional Cafeteria Cash Card that gives students the ability to scan their name badge. At the register in the hospital cafeteria, Tea Room, BPS Snack Shop, or BH Java to purchase their food items just as employees are able to do.

If you want to participate in this program or have any questions, contact Nancy Campbell at ext. 6996 or ncampbell@brcn.edu.



4917 Oak Street ▪ Quincy, IL
(217) 214-5858

Open 24 hours a day, 7 days a week

FREE membership for BRCN students
Call to set up an orientation session

www.blessinghealth.org/wellnesscenter
for more information

While you are a BRCN student,
you have free access to BRCN's
Microsoft Office 365 portal.



For more information and to access
this service, go to www.brcn.edu
and choose BRCN Portals under the
Parents & Current Students
drop-down menu.

Caring Cupboard

THE PURPOSE OF THE CARING CUPBOARD IS TO ALLEVIATE INSECURITIES ON THE COLLEGE CAMPUS BY PROVIDING FOOD AND BASIC HYGIENE ITEMS TO OUR CURRENT COLLEGE COMMUNITY.

HOURS:
MONDAY - FRIDAY
8AM - 5PM
AND BY
APPOINTMENT



LOCATION:
STUDENT SERVICES
BUILDING
2 NORTH
(LOWER LEVEL)



IF YOU COULD USE THE ASSISTANCE, STOP BY DURING OPEN HOURS (OR SET UP AN APPOINTMENT) TO PICK UP ANY ITEMS YOU NEED. USING THE CARING CUPBOARD IS ANONYMOUS. WE JUST ASK THAT YOU LOG WHAT ITEMS YOU TAKE FOR RESTOCKING PURPOSES.

CONTACT SARAH MUELLER AT [MUELLERS@BRCN.EDU](mailto:muellers@brcn.edu) WITH QUESTIONS.

Help Fill the Caring Cupboard

IF YOU ARE IN A POSITION TO DONATE TO THE CARING CUPBOARD TO HELP OUR COLLEGE COMMUNITY, PLEASE CONSIDER DONATING SOME OF THESE ITEMS:

FOOD ITEMS

- BOXES OF CEREAL OR CEREAL BARS
- CANNED CHILI, STEWS, OR BEANS
- CANNED GREEN BEANS, CARROTS, PEAS, TOMATOES, CORN, OR MUSHROOMS
- CANNED OR DRIED FRUITS
- CANNED SOUP OR SOUP MIX
- CANS OF RAVIOLI OR SPAGHETTIOS
- CANS OR PACKETS OF CHICKEN, SALMON, OR TUNA
- CRACKERS
- FRUIT CUPS
- HAMBURGER HELPER OR OTHER BOXED MEALS

- GRANOLA BARS
- INSTANT OATMEAL
- INSTANT POTATOES
- JELLY
- JUICE
- MACARONI AND CHEESE
- MICROWAVE POPCORN
- MUFFIN MIX
- PANCAKE MIX AND SYRUP
- PASTA
- PEANUT BUTTER
- POP TARTS
- PUDDING CUPS
- RICE (REGULAR OR FLAVORED)
- SALSA
- SPAGHETTI SAUCE
- TACO SHELLS (SOFT OR HARD SHELLS)
- TORTILLA CHIPS

OTHER ITEMS

- BABY FOOD
- BABY WIPES
- BARS OF SOAP
- DEODORANT
- DIAPERS
- DISH SOAP
- DRYER SHEETS
- FEMININE HYGIENE PRODUCTS
- LAUNDRY DETERGENT
- PAPER TOWELS
- RAZORS AND SHAVING CREAM
- SHAMPOO AND CONDITIONER
- TOILET PAPER
- TOOTHBRUSHES
- TOOTHPASTE

THANK YOU ~ THANK YOU ~ THANK YOU