HEALTH AND CPR REQUIREMENTS

POLICY

Health Requirements: Immunization

On-Campus In-Class Requirements

The State of Illinois has enacted legislation requiring colleges and universities to collect proof of immunization from students. This law applies to all full-time students and those part-time students registered for six or more hours of credit, enrolling after July 1, 1989, and born after January 1, 1957.

State regulations require proof of immunization evidencing the following immunization:

- Diphtheria, Tetanus (1 dose having been received within 10 years of enrollment).
- Measles (2 doses).
- Rubella.
- Mumps.

NOTE: Students exempt from on-campus, in-class requirements are those individuals enrolled in distance education.

Clinical Requirements

The Occupational and Safety Health Administration (OSHA) mandates all healthcare agencies comply with the Hepatitis B series, TB testing, and Rubella.

- Hepatitis B: Initial dose; second dose 4 weeks after first dose; and third dose 5 months after second dose.
- MMR: The MMR is used by the College to fulfill the Rubella requirement.
- TB testing of all health care workers: All persons working or volunteering in health care centers initially need a 2-step test followed by yearly updates.

1st test = initial test with reading of results at 48-72 hours later.

 2^{nd} test = given 1 week after 1^{st} test and results read 48-72 hours later.

Yearly update: one test is given with reading of results 48-72 hours later.

Proof of Immunization

Proof of immunization may be provided by a certificate of immunization containing the date of vaccination or by having a copy of the student's high school health record sent to the College. Because state laws differ, out-of-state students should review their high school health record to ensure it contains the required information. Students may be exempt from one or more of the specific immunization requirements for either medical or religious reasons.

The College is required to prohibit students who fail to submit proof of immunization from attending classes and clinical experiences.

It is College policy that the Hepatitis #1 and Hepatitis #2 vaccine and TB skin testing must be completed prior to any patient contact. Students will not attend any nursing clinical experiences with patients when not in compliance with requirements.

Influenza Immunization

The College's students are required to take the flu immunization or sign a waiver by the prescribed date as determined each fall semester. Students who do not comply with this policy will not be allowed to attend classes, clinical, or any other events on campus and will be disciplined according to the Student Code of Conduct.

During periods of Regional or Widespread influenza activity, students who have not been immunized will be required to wear an isolation mask at all times except when they are in designated eating areas such as breakrooms, cafeterias, coffee shops or tea rooms. Persons who are non-compliant with the requirement to wear a mask will be counseled and disciplined according to the Student Code of Conduct.

Any questions should be addressed to the Student Services Office at 217-228-5520, extension 6990.

CPR Requirement

CPR certification by the American Heart Association – Basic Life Support for Health Care Provider course - is required of all nursing students when entering the major. Proof of certification and renewal must be submitted to the College's Student Services Office before fall registration.

A variety of opportunities are available to obtain or renew CPR skills. Blessing Hospital has monthly sessions available by reservation through the Educational Services Department of the hospital. Space in hospital classes is limited and reservations must be made well in advance.

Deadline for Health And CPR Requirements

Freshman Nursing Students Entering the Major as Sophomores

Freshman nursing major students who are officially entering the major as sophomores must have all health requirements (immunizations and CPR) **completed by spring pre-registration and submitted to the College's Student Services Office.** Spring pre-registration will be placed on hold until the requirements are met.

Transfer Students

Transfer students must have health requirements completed by the end of the first full week of classes.

Requirements

Health and CPR requirements to be completed by the above deadline are:

- MMR #1 and #2 (covers mumps, measles, and rubella).
- Hepatitis B #1 and #2.
- TB proof of 2 skin tests within one week of each other.
- Td (Diphtheria/Tetanus series or booster) within 10 years.
- CPR
- Hepatitis B #3 to be completed 5 months after Hepatitis B #2 (OSHA and hospital requirement).
- Influenza vaccine- date to be determined each fall.

Annual Requirements for Continuing Students

Annual health and CPR requirements are:

- A TB skin test.
- An updated Td as needed to meet the within 10 year regulation.
- CPR re-certification before expiration date (re-certification is every two years).
- Influenza vaccine- date to be determined each fall.

Positive TB Skin Tests and Chest X-rays

Students who have positive reacting TB skin tests are to submit results of their chest X-rays. Chest x-rays are to be done every three years. Standards of care and public health protocols will be followed if TB skin tests convert from negative to positive reactions.

RECORD KEEPING

The Student Services Officer is responsible for reviewing student health requirements and maintaining health records by law. Health records are placed in the student's health file and kept in a permanent file for 5 years after graduation. A charge of \$5.00 will be assessed for copying health records for any reason. The student is responsible for keeping originals and providing the College with copies.

Instructors are informed of students who do not meet the above health and CPR requirements. Students will be removed from class and clinical until requirements are met.